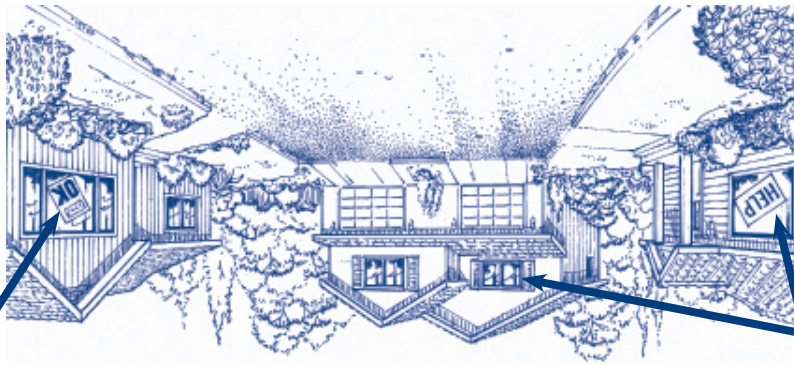


We are Ok and have evacuated. Contact us at:

KO

Later:
Check houses
with "OK Card"
to make sure
they are fine.



First:
Check houses
with no card
and "Help Card"

Map Your Neighborhood (MYN) Disaster Readiness Workbook

Remember
... Immediately
after disasters,
follow the 9 steps
described in this
booklet.

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Adapted and distributed by Dunbar Earthquake & Emergency Preparedness (DEEP), Vancouver, BC.

Introduction to Map Your Neighborhood (MYN)

In a disaster, your neighbors are your closest source of help. In this Workbook you will:

1. Learn the first 9 Steps to take immediately after a disaster to secure your home and protect your neighborhood.

It is hard to think clearly following disaster. These steps will help you quickly and safely do things that really help.

2. Find out the skills and equipment each neighbor has that are useful after a disaster strikes.

Knowing which neighbors have supplies and skills aids your response and allows everyone to help in a meaningful way.

3. Create a Neighborhood Map showing the locations of:

- Each natural gas meter and propane tank.

About 67% of house fires following disasters are caused by leaking gas. Knowing where these meters are and shutting them off helps prevent fire.

- Each neighbor who is elderly, disabled, or homes where children may be alone at certain hours of the day.

Checking on neighbors prone to injury helps protect them.

BEFORE THE DISASTER

Put two bandaids in this booklet and put the booklet under your bed, along with your sturdy shoes, hard hats, and leather gloves.

AFTER THE DISASTER

Use the bandaids to hang this card on the front door or a window so it is visible from the street.



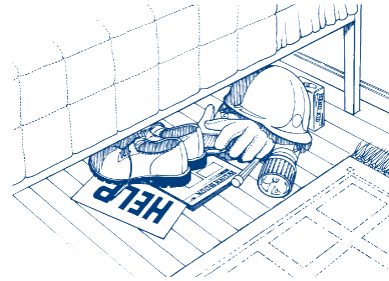
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9 Steps – Immediately Following Disaster

AT HOME...

- Step 1. **Take care of your loved ones.**
- Step 2. **Dress for safety.** A bicycle helmet or hard hat protects from falling debris. Sturdy shoes protect from broken glass. Leather gloves protect from sharp objects.
- Step 3. **Check the natural gas or propane at your home.** Shut off if necessary. This is one of the best ways to prevent fire.
- Step 4. **Shut off water at the house main** to trap water in your home. This will keep pollutants out of possible drinking water, like that in your water heater.
- Step 5. **Place the Help or OK sign** (see front page) on your front door or window. Posting the sign helps your neighbors locate those who need help first.
- Step 6. **Put your fire extinguisher on the sidewalk** or where neighbors can see it. This way, if a neighbor has a small fire after a disaster, extinguishers are on hand.



Step 2: Keep these under your bed.

WITH NEIGHBORS...

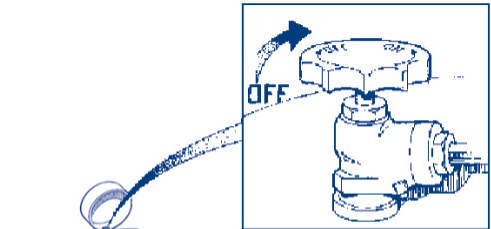
- Step 7. After Steps 1-6 are completed, **go to the Neighborhood Gathering Site.** (Page 4 will help you choose the location.) Write your Neighborhood Gathering Site location here:

- Step 8. **Form Teams at the Neighborhood Gathering Site:**
 - Team 1 will listen to the Emergency Alert System (AM/FM radio), or to a Canada Weather radio station and keep neighbors informed of what they learn.
 - Team 2 will check on neighbors who are elderly, those disabled, or homes where children may be alone.
 - Team 3 will check all natural gas meters and propane tanks, and shut off the gas as necessary.
 - Team 4 will check on all homes with the "HELP" card displayed on the front door or window, or with no card showing. Be prepared to give first aid. Trust your instincts. If something feels unsafe, stay out.

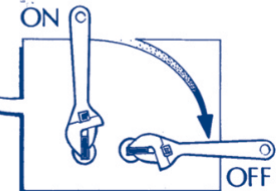
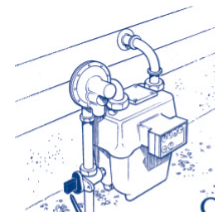
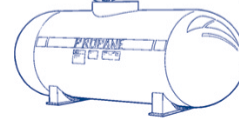
- Step 9. **After your Team has completed its work, go back to the Neighborhood Gathering Site.** Share what you have done with the rest of your neighbors.

Your neighborhood leader will report the status to:

Contact information:



Step 3: Turn the valve 1/4 turn to shut off the gas. NEVER turn it back on once it has been turned off.

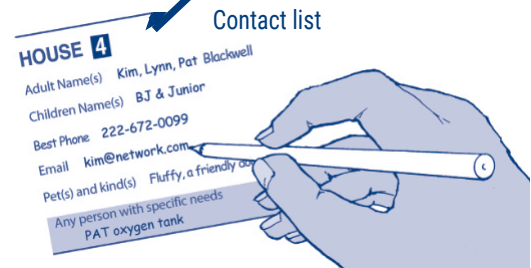
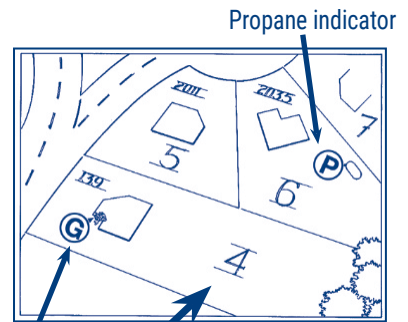
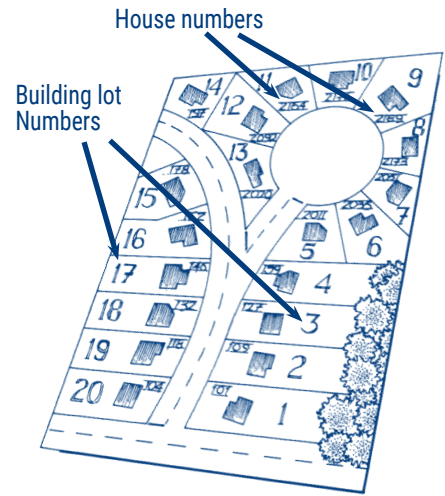


Step 6

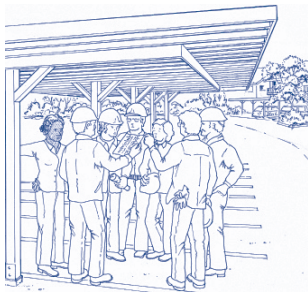
Guidelines for Neighborhood Mapping

These guidelines will help you sketch a neighborhood map (create the sketch on page 6).

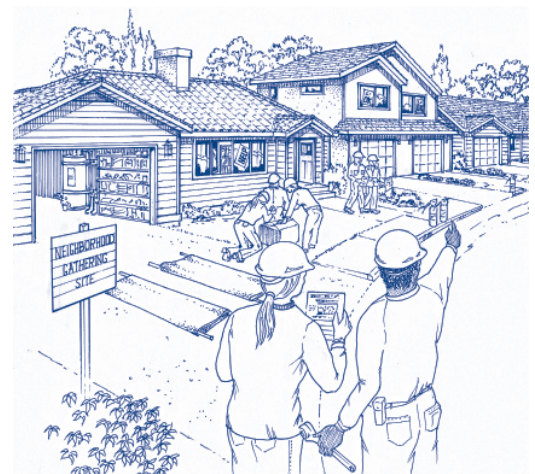
- A** Sketch the basic layout of your neighborhood.
 - Include streets, building lots, and houses.
 - Include house numbers.
- B** Number the building lots in order. This will allow you to easily match each house to the information on the Contact List (see Step D below).
- C** Mark on your map the exact location of each natural gas meter **(G)** or propane tank **(P)**.
 - Explain the location of your gas meter to your neighbors. For example, “behind the lilac bush on the front corner of the house.”
 - Suggestion: At the end of the meeting, walk your neighborhood and find each meter. It will help to see where each meter is located.
- D** In the tinted box on the Contact List, write the names of those who may need extra help during disasters, for example, neighbors who are elderly, those with a disability, or homes where children may be alone. Match **1** on the contact list with the lot that you numbered “1,” match **2** with the lot that you numbered “2,” match **3** with “3,” etc.
- E** Mark the locations of the Neighborhood Gathering Site and the Neighborhood Care Center on the map.



Selecting a Neighborhood Gathering Site

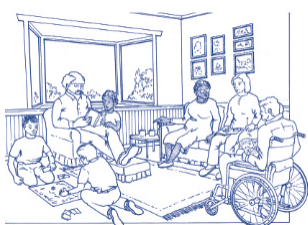


Come to the Neighborhood Gathering Site after you finish Steps 1-6. This will help you organize and reduce confusion. The Neighborhood Gathering Site is in a protected area that is easily seen. The visibility will help remind everyone that they should come here. An open garage, porch or carport would work well and protect you from the elements. Stay clear of power lines and damaged structures.



Knowing what to do in the first hours after a disaster may help you save a life, reduce injury, and decrease neighborhood damage.

Selecting a Neighborhood Care Center



A Neighborhood Care Center is inside someone’s home. It is a place where children, those who are elderly and those with disability can be brought so they are not alone and where they can be given care.

Neighborhood Skills and Equipment Inventory

Who *knows* what? Who *has* what? Who *can do* what?
Write the names of neighbors with these skills/knowledge and equipment/supplies.

SKILLS / KNOWLEDGE

First Aid Skills

Child Care Skills

Elder Care Skills

Search and Rescue Skills

Crisis Counseling Skills

Plumber Skills

Carpenter Skills

Electrician Skills

Fire Fighting Skills

Military/Service Skills

Mass Feeding Experience

Heavy Equipment Operator

HAM Radio Operator

Language Skills

Coordinating/Organizational Skills

Other skills that may be helpful in an emergency:



EQUIPMENT / SUPPLIES

First Aid Supplies

Tents/Spare Bedding

Chain Saw

Power Tools

Crow Bar

Generator

Fire Extinguisher

Camp Stove

Weather Radio

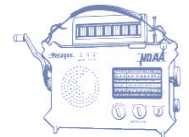
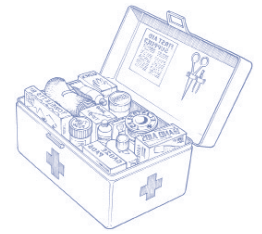
Walkie-Talkie

Ladder

Strong Rope

Lighting

Other specialized equipment that may be helpful in an emergency:



Your Neighborhood Map

Draw the layout of streets, building lots and houses (see "Guidelines for Neighborhood Mapping" on page 4). Number building lots in order. Mark exact locations of gas meters and propane tanks.



Write your **Neighborhood Gathering Site** location here, and mark it on the map (see instructions on page 4):

Write your **Neighborhood Care Center** location here, and mark it on the map (see instructions on page 4):

Your Neighborhood Contact List

Your neighborhood facilitators are:

HOUSE or UNIT **1**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **2**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **3**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **4**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **5**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **6**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **7**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **8**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **9**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **10**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **11**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **12**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **13**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **14**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT **15**

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

Your Neighborhood Contact List (continued)

HOUSE or UNIT 16

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 21

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 26

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 17

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 22

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 27

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 18

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 23

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 28

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 19

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 24

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 29

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 20

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 25

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs

HOUSE or UNIT 30

Adult Name(s)
Children Name(s)
Best Phone
Email
Pet(s)and kind(s)

Any person with specific needs